



Christian Counseling
Services

How Is Your Marriage?

“Almost no one is foolish enough to imagine that he automatically deserves great success in any field of activity; yet almost everyone believes that he automatically deserves success in marriage.”

-Sydney J. Harris

Have you ever felt that your marriage fell short of automatic success? Well automatic success in marriage is a myth. Marriages have to be built. In building a marriage you have to first examine it's foundation.

This is a quick 16-question survey to help examine your marriage's foundation. The survey is based on the 8 areas that make up a great marriage according to professional counselor and author Brian Frizzell. Please check the appropriate response to each statement. Encourage your spouse to also take the quiz. You can then print out your completed survey and bring it to a counseling session for review.

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1525 E. Republic Rd. Suite A105
Springfield, MO 65804



Name

Spouse's Name

Date:

Love

I sense that my spouse loves me.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Never	Rarely	Occasionally	Often	Always

I show my spouse that I love them.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Never	Rarely	Occasionally	Often	Always

Grace

I sense that my spouse shows me grace when I make a mistake.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Never	Rarely	Occasionally	Often	Always

I show my spouse grace when they make a mistake.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Never	Rarely	Occasionally	Often	Always

Value

I sense that my spouse values me.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Never	Rarely	Occasionally	Often	Always

I show my spouse that I value them.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Never	Rarely	Occasionally	Often	Always



Truth

I sense that my spouse has been truthful to me.

Never Rarely Occasionally Often Always

I have been truthful to my spouse.

Never Rarely Occasionally Often Always

Service

I sense that my spouse shares in the responsibility that comes with our marriage.

Never Rarely Occasionally Often Always

I share in the responsibility that comes with our marriage.

Never Rarely Occasionally Often Always

Forgiveness

I sense that my spouse is forgiving with me.

Never Rarely Occasionally Often Always

I show my spouse forgiveness.

Never Rarely Occasionally Often Always



Honor

I sense that my spouse honors our marriage.

- | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Never | Rarely | Occasionally | Often | Always |

I honor our marriage.

- | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Never | Rarely | Occasionally | Often | Always |

Trust

My spouse trusts me.

- | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Never | Rarely | Occasionally | Often | Always |

I trust my spouse.

- | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Never | Rarely | Occasionally | Often | Always |